



Magical Mornings Workshop

With Amy Warner

Wednesday February 26th, 6-8 pm

Warner Physical Therapy

364 East Ave

Oswego, NY 13126

Do you want to feel more joyful, calm, confident, resilient, connected, balanced, grateful, grounded, empowered, vibrant, and successful?
These are words people who have strong and consistent morning routines use to describe themselves. Our mornings set the tone for our entire day. This workshop has been created to help you shift into mornings that are more magical, that fill you up but also work for your lifestyle. Everyone will leave with a personalized laminated Magical Morning flyer.

***If you said YES! You want to feel more of the above,
this workshop is a calling for you!***

Cost \$30 Venmo

Payment @Amy-Warner-33 (Please put Magical Mornings Workshop in the Comment Box) or reach out for another form of payment

Any questions call, text, or email Amy